

TITLE: UP TO FEELING DOWN

By: Greg Holland

CHOREO: Althea Mason (Merced, Calif.)**LEVEL:** Easy**Counts STEP (Lead Foot)**

(16) Wait

PART A:

- (8) 4-Basics (L)
- (8) 2-Vines (L)
- (8) 2-Rocking Chairs (L)
- (8) 2-Triples (L)

PART B:

- (8) 2-Turning Push Offs (L)
- (8) 2-Rocking Chairs (L)
- (8) 2-Vines (L)
- (8) 2-Triples (L)

PART C:

- (4) 1-Push & Brush--1/4 L (L)
- (4) 1-Triple (R)

REPEAT 3x to each wall**PART A:**

- (8) 4-Basics (L)
- (8) 2-Vines (L)
- (8) 2-Rocking Chairs (L)
- (8) 2-Triples (L)

PART B:

- (8) 2-Turning Push Offs (L)
- (8) 2-Rocking Chairs (L)
- (8) 2-Vines (L)
- (8) 2-Triples (L)

BRIDGE:

- (4) 2-Slow Stomps (L)
- (4) 1-Stomp Rock Kick (L)
- (4) 1-Triple Brush--Forward (L)
- (4) 1-Triple--Back Up (R)

PART D:

- (16) 2-Clogover Vines (L)
 - (4) 1-Brush & Turn (L)
 - (4) 1-Fancy Double (L)
- REPEAT** above two steps to each wall
- (16) 2-Clogover Vines (L)

PART A:

- (8) 4-Basics (L)
- (8) 2-Vines (L)
- (8) 2-Rocking Chairs (L)
- (8) 2-Triples (L)

ENDING:

- (16) 2-Clogover Vines (L)
- (4) 1-Triple Brush (L)
- (4) 1-Triple--Back Up (R)
- (4) 2-Brushes (L)

STEPS:**SLOW STOMPS (4)**

- & (L) [Lift]
- 1 (L) Stomp
- &2 [Pause]
- & (R) [Lift]
- 3 (R) Stomp
- &4 [Pause]

STOMP ROCK KICK (4)

- & (L) [Lift]
- 1 (L) Stomp
- &2 (R) DS
- & (L) Rock
- 3 (R) Step
- & (L) Kick
- 4 (L) Lift