

# COWBOY UP

By Jill Johnson

Choreo: Scotty Bilz (Lilburn, Georgia)

Level: Intermediate

(16) Wait

## PART A (32 counts):

### (8)-- 2-Rooster Runs (L)

DS DS Ba(s) Ba(xb) Ba(s) Step(xf)  
L R L R L R  
&1 &2 & 3 & 4

### (4) 1-Bounce Twist (B)

Bo(tog) Hl Bo Hl Bo Hl Bo Lift  
B R B L B R B L  
& 1 & 2 & 3 & 4

### (4)-- 2-Basics--1/2 Left (L) DSRs DSRs

REPEAT

## PART B (16 counts):

### (16) 2-Samanthas--1/2 Right Each (L)

DS DS(xf) DrgS DrgS RS DS DS RS  
L R R L L R LR L R LR  
&1 &2 & 3 & 4 &5 &6 &7 &8

## PART C (32 counts) Chorus:

### (8) 1-Cowboy Up (L)

DS Br-Up RS RS Br-Up RS RS Ball-Slide/Lift  
L R R RL RL R R RL RL R R/L  
&1 & 2 &3 &4 & 5 &6 &7 & 8

### (8) 1-Sweat Step--1/2 Left (L)

DS R(f)S R(b)S S-Slide [p] S S S DS RS  
L R L R L R R L R L R LR  
&1 & 2 & 3 & 4 [&] 5 & 6 &7 &8  
>1/2L on 3-Steps

### (8) 1-Cowboy Up (L)

### (6) 3-Clap Basics (L)

Lift/Clap S R S Repeat 2x  
L/Hands L R L  
& 1 & 2

### (2) 1-Out, Cross, Turn--1/2 Left (L)

Bo(apart) Bo(Rxf) Pivot>1/2 L  
B B B  
& 1 &2

## BRIDGE (16 counts):

### (4) 4-Shimmys--Full Turn Left (B)

Slide-Slide-Slide-Slide (Shove Heels Forward)  
B B B B (Wave R Arm)  
1 2 3 4

### (4) 1-Fancy Double (L) DS DS RS RS

### (4) 4-Shimmys--Full Turn Left (B)

### (4) 3-Knocks (L)

DS Toe(b)-Up S Toe(b)-Up S Toe(b)-Up S  
L R R R L L L R R R  
&1 a & 2 a & 3 a & 4

REPEAT PART A (2-Roosters): CD 1:01

REPEAT PART B (2-Samanthas): CD 1:18

REPEAT PART C (Cowboy Up): CD 1:27

REPEAT BRIDGE (Shimmy): CD 1:44

## PART D (40 counts): CD 1:53

### (32) Country-Western Line Dance:

(4) (L)Step Vine: S S(xb) S Tch  
(4) (R)Roll>360R: S S S Tch  
(4) (L)Cha-Cha: S S 1-2-3  
(4) (R)3-Steps & Tch(L) 1/2 Right

REPEAT

### (4) 4-Shuffles (B)

Drg Slide (4x)  
B B

### (4) 4-Hillbilly Drag (R)

Drg S Drg S Drg S Drg S  
R L L R R L L R  
& 1 & 2 & 3 & 4

## PART E (32 counts): CD 2:14

### (4)-- 1-Triple Ankle Break (L)

DS DS(xf) DS Dbl Br/S(xb)  
L R L R L/R  
&1 &2 &3 &a 4

### (4) 1-Run & Heel Out (L)

S S(xb) S S(xf) S S(xb) Hl/S  
L R L R L R R/L  
1 & 2 & 3 & 4

### (4) 1-Stomp Double--1/2 Right (R)

[p] Stomp DS DS RS  
R L R LR  
[&] 1 &2 &3 &4

### (4)-- 1-Rocking Chair (L) DS Br-Up DS RS

REPEAT

## REPEAT PART D-1 (Country-Western):

(Like D, but omit Shuffles & Hillbilly Drag)  
(32 counts only) CD 2:32

REPEAT PART C (Cowboy Up): CD 2:48

## BRIDGE-1 (32 counts): CD 3:05

### (4)-- 4-Shimmys--3/4 Left (B)

### (4)-- 1-Fancy Double (L)

REPEAT 3x

## ENDING (32 counts): CD 3:22

### (8)-- 1-Yee Haw & Cotton Eyed (L)

Bo Kick S S S Ki(xf) Ki(s) DS RS  
B L L R L R R R LR  
1 2 3 & 4 5 6 &7 &8

### (4) 1-Time Step (L)

[p] S(xf) R S S(xf) R S S(s)  
L R L R L R L  
[&] 1 & 2 & 3 & 4

### (4)-- 1-Triple--1/2 Right (R) End: Jump

#### NOTES:

**B** Both Feet  
**/** On Same Count  
**Drg** Drag - Backward Movement  
**Slide** Forward Movement  
**Br** Ankle Break (no weight)

Cue Sheet by Ginny Bartes [dsrsaz@cox.net](mailto:dsrsaz@cox.net)

More cue sheets at: <http://www.scottysclognco.com/>