

**TITLE: SHOW ME A WOMAN**

**BY: Forrester Sisters**

**\*\*On the TRIPLE:**

**1st: Turn Right Full**

**2nd Time: Replace next person in a clockwise pattern.**

(8) Wait

**PART A:**

(8)-- 1-Double Toe Brush (L)

(4) 1-Triple\*\* (R)

(4)-- 2-Side Basics (L)

**REPEAT**

**BREAK-1:**

(7) 1-7 Ct. Samantha (L)

**PART B:**

(4)-- 1-Brush & Turn--1/4 Left (L)

(4)-- 1-Syncopated (L)

**REPEAT 2X, then do:**

(4) 2-Basics--1/4 Left (L)

(4) 1-Fancy Double (L)

**PART A:**

(8)-- 1-Double Toe Brush (L)

(4) 1-Triple \*\* (R)

(4)-- 2-Side Basics (L)

**REPEAT**

**BREAK-2:**

(7) 1-7 Ct. Samantha (L)

(8) 1-Samantha--8 Cts. (L)

**PART B:**

(4)-- 1-Brush & Turn--1/4 Left (L)

(4)-- 1-Syncopated (L)

**REPEAT 2X, then do:**

(4) 2-Basics--1/4 Left (L)

(4) 1-Fancy Double (L)

**PART A-1:**

(8)-- 1-Double Toe Brush (L)

(4) 1-Triple \*\* (R)

(4)-- 2-Side Basics (L)

**REPEAT then do:**

(3) 1-Double Basic (L)

**PART C:**

(4)-- 1-Stomp Double--1/4 Left (L)

(4)-- 1-Twist It (R)

**REPEAT 2X, then do:**

(4) 1-Rocking Chair--1/4 Left (L)

**PART A:**

(8)-- 1-Double Toe Brush (L)

(4) 1-Triple \*\* (R)

(4)-- 2-Side Basics (L)

**REPEAT**

**BRIDGE:**

(32) 4-Mare Steps--1/4 Left Each (L)

**PART A:**

(8)-- 1-Double Toe Brush (L)

(4) 1-Triple \*\* (R)

(4)-- 2-Side Basics (L)

**REPEAT**

**ENDING:**

(16) 2-Samanthas--8 Cts. (L)

**NOTES:**

(\*\*) On each triple, you will move (quickly) to either the person on your right or left and replace them. At the same time they will move to replace another person. Practice making a full right turn as you move on this triple.

**STEPS:**

**DOUBLE TOE BRUSH (8)**

&a1 (L) DT (b) >Diag. R

& (L) Toe (b)

2 (L) Lift (b)/Slide (R)

&3 (L) Brush (f)

&4 (L) DS

& (R) Rock

5 (L) Step

&a6 (R) DT (b) >Diag. L

& (R) Toe (b)

7 (R) Lift (b)

&8 (R) Brush (f)

*Steps Cont. on Next Page*

SIDE BASIC (2)

- &1 (L) DS (xif)
- & (R) Ball (ots)
- 2 (L) Step

SYNCOPATED (4)

- [&]1 (L) Stomp
- &a2 (R) DS
- &[3] (L) Step (f)
- & (R) Step (f)
- 4 (L) Lift/Slide (R)

7-CT. SAMANTHA (7)

- &1 (L) DS
- &2 (R) DS (xif)
- & (R) Drag
- 3 (L) Step
- & (L) Slide
- 4 (R) Step
- & (L) Kick
- 5 (R) Step
- &6 (L) DS
- &7 (R) DS

TWIST IT (4)

- &a (R) DT
- 1 (B) Twist to R
- & (B) Twist To L
- 2 (B) Twist to R
- & (B) Twist to L
- 3 (B) Twist to R
- & (B) Twist to L
- 4 (L) DT

MARE STEPS (8)

- &1 (L) DS >1/4 Left
- &2 (R) DS
- &3 (L) DS
- &4 (R) Stomp-Lift
- &5 (R) Stomp-Stomp\*
- &6 (L) Step (b)-Lift (b)
- &7 (L) Step (b)-Lift (b)
- &8 (L) Step (f)-Lift