

TITLE: ACT NATURALLY

By: Buck Owens & Ringo Starr

CHOREO: Lenore & Renee Strong (Granada Hills, CA)
Level: Beginner

Counts STEP (Lead Foot)

(8) Wait

PART A:

- (4) 2-Basics (L)
- (4) 1-Triple--Forward (L)
- (4) 2-Basics (R)
- (4) 1-Triple--Back Up (R)
- (8) 4-Brushes (L)
- (8) 4-Rock Steps (L)

PART B:

- (4) 1-Push Left (L)
- (4) 2-Basics (R)
- (4) 1-Push Right (R)
- (4) 2-Basics (L)
- (8) 2-Rock Back (L)
- (8) 2-Triples--Forward (L)

PART A:

- (4) 2-Basics (L)
- (4) 1-Triple--Forward (L)
- (4) 2-Basics (R)
- (4) 1-Triple--Back Up (R)
- (8) 4-Brushes (L)
- (8) 4-Rock Steps (L)

BREAK:

- (8) 2-Charleston Brush (L)

PART A:

- (4) 2-Basics (L)
- (4) 1-Triple--Forward (L)
- (4) 2-Basics (R)
- (4) 1-Triple--Back Up (R)
- (8) 4-Brushes (L)
- (8) 4-Rock Steps (L)

PART B:

- (4) 1-Push Left (L)
- (4) 2-Basics (R)
- (4) 1-Push Right (R)
- (4) 2-Basics (L)
- (8) 2-Rock Back (L)
- (8) 2-Triples--Forward (L)

PART A:

- (4) 2-Basics (L)
- (4) 1-Triple--Forward (L)
- (4) 2-Basics (R)
- (4) 1-Triple--Back Up (R)
- (8) 4-Brushes (L)
- (8) 4-Rock Steps (L)

BRIDGE:

- (16) 4-Brush & Turn (L)

PART A:-1

- (4) 2-Basics (L)
- (4) 1-Triple--Forward (L)
- (4) 2-Basics (R)
- (4) 1-Triple--Back Up (R)
- (8) 4-Hip Brushes (L)
- (4) 2-Rock Steps (L)

STEPS:

BASIC (2)

- &a1 (L) DS
- & (R) Ball
- 2 (L) Step

TRIPLE (4)

- &1 (L) DS
- &2 (R) DS
- &3 (L) DS
- & (R) Ball
- 4 (L) Step

BRUSH (2)

- &1 (L) DS
- & (R) Brush (f)
- 2 (R) Lift/Click (L)

ROCK STEP (2)

- &a1 (L) DS
- & (R) Ball (xib)
- 2 (L) Step

PUSH LEFT (4)

- &1 (L) DS
- & (R) Ball
- 2 (L) Step (ots)
- & (R) Ball
- 3 (L) Step (ots)
- & (R) Ball
- 4 (L) Step (ots)

PUSH RIGHT (4)

Same as Push Left with opposite footwork & direction

ROCK BACK (4)

- &1 (L) DS
- & (R) Ball (b)
- 2 (L) Step
- & (R) Ball (b)
- 3 (L) Step
- & (R) Ball (b)
- 4 (L) Step

HIP BRUSH (2)

- &1 (L) DS
- & (R) Brush (xif)
(lead with toe)
- 2 (L) Click

TERMS:

- DS** Double Step
- Brush** Slide ball of foot forward to straight leg
- Click** Heel click- timekeeper
Foot flat on floor-always with weight
- Hop** Hop on weight bearing foot
- Lift** Lift foot flat
- Touch** Ball of foot - no weight
- (ots)** Out to side
- (xif)** Cross in front
- (xib)** Cross in back