

TITLE: STAND UP
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LEVEL: Beginner

(8) Wait

INTRO:

(8) 4-Rock Steps (L)

DS R(xb) S DS R(xb) S
L R L R L R
&1 & 2 &3 & 4

PART A:

(4) 2-Basics (L)

DS RS DS RS
L RL R LR
&1 &2 &3 &4

(4) 1-Triple--Forward (L)

DS DS DS RS
L R L RL
&1 &2 &3 &4

(4) 2-Basics (R)

(4) 1-Triple--Back Up (R)

PART B:

(4) 1-Push Left (L)

DS(s) RS(s) RS(s) RS(s)
L RL RL RL
&1 &2 &3 &4

(4) 2-Basics (R)

(4) 1-Push Right (R)

(4) 2-Basics (L)

(3) 1-Double (L)

DS DS RS
L R LR
&1 &2 &3

INTRO:

(8) 4-Rock Steps (L)

PART A:

(4) 2-Basics (L)

(4) 1-Triple--Forward (L)

(4) 2-Basics (R)

(4) 1-Triple--Back Up (R)

PART B:

(4) 1-Push Left (L)

(4) 2-Basics (R)

(4) 1-Push Right (R)

(4) 2-Basics (L)

(3) 1-Double (L)

BREAK:

(4) 2-Basics (L)

PART C:

(4) 1-Turning Push--Full Turn Left (L)

DS RS RS RS
L RL RL RL
&1 &2 &3 &4

(4) 2-Basics (R)

(4) 1-Turning Push--Full Turn Right (R)

(4) 2-Basics (L)

(8) 4-Rock Steps (L)

(8) 2-Turning Pushes--Full Each (L)

PART A:

(4) 2-Basics (L)

(4) 1-Triple--Forward (L)

(4) 2-Basics (R)

(4) 1-Triple--Back Up (R)

PART B:

(4) 1-Push Left (L)

(4) 2-Basics (R)

(4) 1-Push Right (R)

(4) 2-Basics (L)

(3) 1-Double (L)

PART C-1:

(4) 2-Basics (L)

(4) 1-Turning Push--Full Left (L)

(4) 2-Basics (R)

(4) 1-Turning Push--Full Right (R)

(4) 2-Basics (L)

(8) 4-Rock Steps (L)

Cue sheet by Ginny Bartes dsrsaz@cox.net
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