

TITLE: FRESH
By Kool and the Gang
Level: Easy Intermediate

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(2) Wait

INTRO:

(8)-- 1-Heel Toe Rooster (L)
(8)--² 1-Samantha--1/2 Right (L)

PART A:

(4)-- 1-Half Alabama Rock (L)
(4) 1-Triple Roll (R)
(4) 2-Rock Steps (L)
(4) 2 1-Stomp Double (L)
(8) 1-Clogover Break Vine (R)
(4) 1-Long Charleston (R)
(4)-- 1-Turning Pushoff--1/2 Right (R)

PART B:

(4)-- 1-Break Step (L)
(4) 1-Triple (R)
(4) ² 1-Vine Brush Turn--1/2 Left (L)
(4)-- 1-Pushoff (R)

PART A:

(4)-- 1-Half Alabama Rock (L)
(4) 1-Triple Roll (R)
(4) 2-Rock Steps (L)
(4) 2 1-Stomp Double (L)
(8) 1-Clogover Break Vine (R)
(4) 1-Long Charleston (R)
(4)-- 1-Turning Pushoff--1/2 Right (R)

PART B:

(4)-- 1-Break Step (L)
(4) 1-Triple (R)
(4) ² 1-Vine Brush Turn--1/2 Left (L)
(4)-- 1-Pushoff (R)

PART C:

(8)-- 1-Vineover Turn Rock Double--1/2 R (L)
(4) 2 1-Triple Brush--Forward (L)
(4)-- 1-Rock Back (R)

INTRO-1:

(8)--⁴ 1-Heel Toe Rooster (L)
(8)--⁴ 1-Samantha--3/4 Right (L)
.....continued next column

PART A:

(4)-- 1-Half Alabama Rock (L)
(4) 1-Triple Roll (R)
(4) 2-Rock Steps (L)
(4) 2 1-Stomp Double (L)
(8) 1-Clogover Break Vine (R)
(4) 1-Long Charleston (R)
(4)-- 1-Turning Pushoff--1/2 Right (R)

ENDING:

(4)-- 1-Break Step (L)
(4) 1-Triple (R)
(4) ⁵ 1-Vine Brush Turn--3/4 Left (L)
5th time = no turn
(4)-- 1-Pushoff (R)

Fresh

Kool and the Gang

Easy Intermediate, left foot lead
iTunes Download; Pop music

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Wait 2 beats!

Intro:

(8)	---- 1	Heel Toe Rooster	DS - HTch (f) S - DS - Tch (b) S - DS - DS (xf) - RS (xb) - RS (xf)
	2		
(8)	---- 1	Samantha ½ R	DS - DS (xf) - Dr S - Dr S - RS - DS - DS - RS

Part A:

(4)	---- 1	Walkover Joey	DS - DS (xf) - Dr S - RS (xf)
(4)	1	Triple Roll R	DS - DS - DS - RS
(4)	2	Rock Behind	DS - R (xb) S
(4)	2 1	Stomp Double	(p) Sto - DS - DS - RS
(8)	1	Clogover Break Vine	DS - DS (xf) - DS - DS/Brk S - RS - DS - RS Right foot lead
(4)	1	Charleston Touchback	DS - Tch (f) SI - T H - RS
(8)	---- 1	Turning Rock ½ R	DS - RS - RS - RS

Part B:

(4)	---- 1	Flange & Kick	DS/flange (p) - S/Kk (f) S - RS
(4)	2 1	Triple	
(4)	1	Vine Brush Turn ½ L	DS - DS (xb) - DS - Br SI
(4)	---- 1	Side Rock	DS - RS - RS - RS Right foot lead

Repeat Part A: 2[Walkover Joey, Triple, 2 Rk Behind, Stomp Dbl, Clogover Break Vine, Charleston Touchback, Turning Rock]

Repeat Part B: 2[Flange & Kick, Triple, Vine Brush Turn, Side Rock]

Part C:

(8)	---- 1	Vine Over Rock Double ½ R	DS - DS (xf) - DS - @ S - RS - DS - DS - RS
(4)	2 1	Triple Brush fwd	DS - DS - DS - Br SI
(4)	---- 1	Rock Back	DS - RS - RS - RS

Repeat Intro twice: 4[Heel Toe Rooster, Samantha ¾ R]

Repeat Part A: 2[Walkover Joey, Triple, 2 Rk Behind, Stomp Dbl, Clogover Break Vine, Charleston Touchback, Turning Rock]

Repeat Part B: 2[Flange & Kick, Triple, Vine Brush Turn, Side Rock]

End:

(4)	1	Flange & Kick
(4)	1	Triple
(4)	1	Vine Brush (no turn)
(4)	1	Side Rock